



DEER HOLLOW
Recovery & Wellness Centers

Mental Health and Wellness Training

Trauma focused for First Responders

*During this FREE training, you
will learn from nationally
recognized trauma therapists.*

Who can benefit:

| | |
|-------------|--------------|
| Police | Corrections |
| Fire | Coroners |
| EMS | Chaplains |
| Dispatchers | Peer Support |
| Military | Veterans |

Training Topics:

- PTSD 101
- Shame Resiliency
- Cognitive Processing Therapy
- Prolonged Exposure
- Self-Compassion & Radical Acceptance
- Peer Support

* Jared will share his personal battle with PTSD and how he won his life back*

SPEAKERS



AMY CRAWFORD

PhD, LMFT, & Trauma Specialist



MATT QUACKENBUSH

LCSW



JARED NESARY

USMC Veteran

Retired Law Enforcement Officer

To schedule or learn more, please contact
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